

Monday 30th March 2026

Dear Parent/Carer,

We are writing to inform you about important updates to our Relationships and Health Education Curriculum. This curriculum was made statutory by The Department for Education in 2020, and they have published updated guidance to take effect this September 2026.

At Dunsford Community Academy, we remain committed to delivering RHE that is inclusive, accessible, and developmentally appropriate for every learner. As a Trust family of schools, we have been working to develop and refine our RHE curriculum and policy. Our updated policy reflects our continued focus on safeguarding, emotional wellbeing, and preparation for adulthood.

Key features of our RSE provision include:

- **Differentiated content:** Tailored to pupils' cognitive, social, and communication needs
- **Inclusive teaching approaches:** Use of visual supports, social stories, and sensory resources
- **Core themes:** Relationships, boundaries, consent, and online safety
- **Sensitive delivery of complex topics:** Including puberty, taught in ways appropriate to pupils' levels of understanding
- **Updates to non-statutory Sex Education:** including enhanced teaching on healthy relationships, personal safety, body changes, and family diversity. Schools will be in touch separately with full details about the Year 6 lessons and how these changes will be introduced.

Parental Consultation

We value the vital role parents and carers play in supporting children's learning. As part of the policy update process, we will be holding a period of parental consultations during the summer term. This will include:

- An opportunity to review the updated RHE policy
- Access to sample teaching materials and resources
- A drop-in session where staff will be available to answer questions
- A feedback form for parents and carers who wish to share their views

Further details, including dates and times, will be shared shortly.



Dunsford Community Academy
Dunsford, Exeter
Devon, EX6 7DD
T: 01626 572 971 **E:** dunsford@lapsew.org
W: dunsford-lap.co.uk

FLOURISHING FUTURES



You also retain the right to withdraw your child from sex education elements of RHE (excluding content that is statutory within the science curriculum). If you would like to discuss this or have any questions following the consultation, please contact the school office. Teaching materials can be made available upon request.

Thank you for your continued support.

Yours sincerely,

Liam O'Sullivan

Headteacher